Ronald D. Gardner, M.D. Arthroscopic Reconstructive Surgery & Joint Replacement Robert Martinez, M.D. Arthroscopic Shoulder Surgery Joint Replacement Brad Castellano, D.P.M Foot & Ankle Specialty	artinez, M.D. bic Shoulder Surgery accement ellano, D.P.M		Edward R. Dupay, Jr., D.O. Adult Reconstruction Specialist Vidya P. Kini, M.D. Physical Medicine & Rehabilitation Alan Nguyen, D.O. Physical Medicine & Rehabilitation	
W. Andrew Hodge, M.D. Hip & Knee Joint Replacement	Ft. Myers	FL 33916 Fax: (239) 277-7071	Interventional Spine & Sports Medicine Madhish Patel, D.O. Adult Reconstruction & Arthroscopy	
Name:	Date:	DOB:	Account #:	
Height: Weight:				
BODY PART :				
-The " <u>BODY PART"</u> identified for <b>tod</b>	ay's appointment. (I	Please Circle)		
Left or <u>Right:</u> Knee H	lip Shoulder	Foot Ankle	Other:	
-The <u>"Body Part"</u> was normal until wh	nen?			
-Pain level on "1-to-10" scale ( <u>Note</u> : "	'10" is consistent with	LOSS OF CONSCIOUSNESS)	:	
-What does your pain keep you from do	bing?			
DESCRIBE YOUR PAIN:				
Асну S	tabbing Sharp	DULL BURNING	Electrical	
-Are you or have you ever taken med	Yes No			
Ibuprofen Aspirin Naproxen	Meloxicam Celebre	exTramadol		
-Have you ever taken steroids or had	Yes No			
*If so, which joint and when, then, ho	· · · · · · · · · · · · · · · · · · ·	_, ,		
None 25%	<u>50%</u> <u>75%</u> <u>95</u>	<u>% 100%</u>		
-Have you ever had a DEXA or bone density test?			Yes No	
If so, where & when was you	r last exam?			
-Have you ever been told you have <u>"Osteoporosis"</u> or " <u>Osteopenia"</u> ?			Yes No	
-Do you take medicine, hormones or	Yes No			
If so, what and for how long?			-	
Do you take the supplement, Glucosa	mine & Chondroitin?		Yes No _	

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## GardnerOrthopedics.com

3033 Winkler Ave., Ste. 100 Ft. Myers, FL 33916

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ame	Date:	DOB:	Account #:	
For KNEES ONLY:				
-Do you have swelling?			Yes	No
	de with your knees touching/re our knee when:	esting on each other?		No
	nd out of your car?		Yes	No
	a sudden <sup>"</sup> pivot/twist" in one d	lirection or another?	Yes	No
	thing out of your path with a 't		Yes	No
-Can you squat?				No
	(circle): Going " <u>down</u> " into the on you?	e squat or coming " <u>up</u> " o	ut of it?	No
"Locking" is w	when your knee is straight & you	u can't bend itor vise/ v		
-Does it "give-way"? Des	cribe:		Yes	No
-Can you go "up" & "dow	n" stairs? What is worse (circle	e) Up Down	Yes	No
For HIPS ONLY:	ed? "Front" (groin area) "Si	de" "Lower Back Area"	,	
	ny of the following activities:			
	to touch your toes?		Yes	No
	and socks on?			No
Cross affected	leg over the other?		Yes	No
Sleep on the at	ffected side?		Yes	No
-Does your pain <u>radiate:</u>				
Down into you	r knee(s)?		Yes	No
-	e and into your foot?		Yes	No
For SHOULDERS ON	<u>LY:</u>			
-Are you able to tuck in yo	our shirt behind you without pa		Yes	No
-Are you able to tuck in yc -Are you able to do any of	our shirt behind you without pa f the following activities withou		Yes	No
-Are you able to tuck in yo -Are you able to do any of Reach behind	our shirt behind you without pa f the following activities withou you?			
-Are you able to tuck in yc -Are you able to do any of	our shirt behind you without pa f the following activities withou you?		Yes	No No No
-Are you able to tuck in yo -Are you able to do any of Reach behind Sleep on your -Does your pain <u>radiate:</u>	our shirt behind you without pa f the following activities withou you? shoulder?		Yes Yes	No No
-Are you able to tuck in yo -Are you able to do any of Reach behind Sleep on your -Does your pain <u>radiate:</u> Down into you	our shirt behind you without pa f the following activities withou you? shoulder?		Yes Yes Yes	No No No
-Are you able to tuck in yo -Are you able to do any of Reach behind Sleep on your -Does your pain <u>radiate:</u>	our shirt behind you without pa f the following activities withou you? shoulder?		Yes Yes Yes	No
-Are you able to tuck in yo -Are you able to do any of Reach behind y Sleep on your -Does your pain <u>radiate:</u> Down into you To your neck?	our shirt behind you without pa f the following activities withou you? shoulder?	ut pain:	Yes Yes Yes Yes	No No No